



Traumatic Brain Injury within the United Kingdom

Since the airing of the Joe Rogan Experience podcasts (#700 and #1056), we at the Millennium-TBI Center in Los Angeles California USA, have received nearly 200 requests from the United Kingdom for Help. This group, in which you are a part of, consisted of both civilians and military who have each suffered from one form or another of traumatic brain injury (TBI). This might have been qualified as a concussion or a mild to moderate TBI.

Each of you has developed conditions that might involve cognitive or emotional changes that lessened your quality of life. This might include cognitive impairment with fogginess, forgetfulness, reduced short-term memory, and fatigue. Emotionally you might be depressed, anxious, irritable, suffer mood swings, anger, have insomnia, migraines, and possibly suicide thoughts.

You might have sought out traditional medical intervention just to find that your underlying condition did not improve, and on the contrary, may have actually worsened. This is because the present medical model for assessment is based upon your outward symptoms falling into a preconceived notion of Post-Traumatic Stress Disorder (PTSD) as opposed to looking at the root cause for your cognitive and emotional changes.

The Millennium Health Centers, Inc. since 2004, has been looking at the relationship of trauma-precipitated neuroinflammation that alters the brain's ability to produce neurosteroids and neuroactive steroids. These are the hormones made in cells of the brain in addition to those hormones produced below the neck and under the regulation of the brain. Disruption of the brain's ability to produce and regulate these hormones is the root cause for the symptoms that are synonymous with PTSD (aka Symptomatic Traumatic Brain Injury).

We have started to provide our services to clients in the UK, Netherlands, France, Spain, and Sweden in a limited manner. Recently, we did a podcast in Switzerland with a psychology program who has been following our program with enthusiasm. Unfortunately, there are no healthcare providers in the UK or EU who have taken our training program in the USA which is given 4 times a year.

Therefore, with the assistance of The National Centre for Trauma I will be coming to the UK in September/October 2019 to initiate the process of a transfer of Knowledge so that our laboratory testing, interpretation and treatment can be offered to all of you. If you are interested, I suggest you sign into the National Centre for Trauma's by adding your name to the contact listing (**click either logos above**).

Looking forward to your brighter tomorrow.

Respectfully,

Mark L. Gordon

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